



Western Sugar Cooperative
(Grower Owned)

7555 E. Hampden Ave., Suite 600
Denver, Colorado 80231
Telephone: (303) 830-3939

Powdered Sugar

Nutritional Information (per 100g)

Calories	400.0
Moisture, %	0.1
Total fat, g*	0.0
Cholesterol, mg	0.0
Carbohydrates, sugars, %	99.9
Added Sugar %	97.1
Complex carbohydrates	2.8
Dietary fiber, g (soluble and insoluble)	0.2
Protein, g	0.0
Ash, mg	2.5
Sodium, mg	1.1
Potassium, mg	0.3
Calcium, mg	0.4
Magnesium, mg	0.0
Phosphorous, mg	0.2
Iron, mg	0.5
Vitamin A, mg	0.0
Vitamin C, mg	0.0
Vitamin D, mg	0.0
Vitamin E, mg	0.0
Vitamin K, mg	0.0
Thiamine, mg	0.0
Riboflavin, mg	0.0
Niacin, mg	0.0

* not a significant source of *trans* fat

K,Na,Ca,Mg,P are all sources of Ash and will add up to 2.5 mg

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