



The Western Sugar Cooperative

(Grower Owned)

7555 E. Hampden Avenue
Suite 600
Denver, CO 80231
Tel: (303) 830-3939
Fax: (303) 832-4084

Granulated Sugar

Nutrition Information

(per 100g)

calories,	385.0
moisture, %	0.03
total fat, g *	0.0
cholesterol, mg	0.0
carbohydrates, sugars, %	99.9
dietary fiber, g	0.0
protein, g	0.0
sodium, mg	0.2
potassium, mg	0.07
calcium, mg	0.61
magnesium, mg	0.03
iron, mg	0.03
phosphorous, mg	0.5
Vitamin A, IU	0.0
Vitamin C, mg	0.0
Vitamin D, IU	0.0
Vitamin E, IU	0.0
Thiamine, mg	0.0
Riboflavin, mg	0.0
Niacin, mg	0.0

* "not a significant source of *trans* fat."